

Beaver Scouts Pizza Pockets

The Activity:

Make delicious and healthy pizza pockets in your Lodge

Beaver Scout Trail

Bree – I can help make the pizza pockets.

Ruarc – I will take an a special job in my Lodge to help make the pizza pockets.

Conn – I will lead my Lodge in making our own pizza pockets to share

Whose talents can help with this activity

Zena– Know what food is good for me.

Star – Be an active participant in a small group.



Plan

Beaver Scout Pizza Pockets

These beaver scout pizza pockets are a great and delicious challenge for your Lodge!

Planning: Lodge Discussions

With the help of experienced Beaver Scouts- and perhaps a Scouter- we will discuss what were going to make and how.
Who knows how to use a Trangia? Who has cooked on one before?

Who will help make the dough? And, who will prepare the vegetables?

Who will make the shopping list?

Can the Fox Lodge help?

How can Zena help us?

She likes to be active- she can help us make delicious and healthy pizza pockets? What vegetables do we want? Does any one have special food requirements?

How can Star us?

She likes to think – what needs to be done? Who will do it? Do we need help?

Ingredients (Suggested)

Flour

Water

Rashers

Vegetables (eg onions, peppers)

Cooking Oil

Do

Two Beaver Scouts can mix flour and water to make the dough. Add small drips of water at a time.



Other members of the Lodge can cut up the vegetables and rashers.



Meanwhile, flatten out the dough to make your base.



Spread tomato puree on the base.



Other Beaver Scouts can cook the rashers and vegetables for a few minutes.



Do

Spread the cooked vegetables and rashers on the base.



Fold over and cook in the Trangia.



The cook can turn it over in a few minutes.



Serve up and let all the Lodge share and enjoy.



Review



Lodge Discussion and Log Chew: How did the Fox Lodge help us achieve our Beaver Trail badges?



Zena

Bree: I had healthy pizza pocket.

Ruarc: I helped to make sure I had a healthy pizza pocket.

Conn: I helped to prepare and cook the pizza pocket.

Star

Bree: I helped make the pizza pocket.

Ruarc: I had a job to help make the pizza pocket, eg cook.

Conn: I lead my lodge in making a pizza pocket.

